



CPS Calendar of Kindness

April 2024

<u>Monday, 1st April</u> Write a list of things you are grateful for	<u>Tuesday 2nd April</u> Ask someone how their day has been	<u>Wednesday, 3rd April</u> Lay the table for dinner without being asked	<u>Thursday, 4th April</u> Have a conversation with a relative	<u>Friday, 5th April</u> Help someone who is unhappy	<u>Saturday, 6th April</u> Make a card for someone	<u>Sunday, 7th April</u> Tidy your room without being asked
<u>Monday, 8th April</u> Make someone smile	<u>Tuesday, 9th April</u> Try something new	<u>Wednesday, 10th April</u> Be kind to yourself by doing some exercise	<u>Thursday, 11th April</u> Work hard at everything today	<u>Friday, 12th April</u> Say good morning and good night to everyone in your household	<u>Saturday, 13th April</u> Say hello to someone in a different language	<u>Sunday 14th April</u> Exercise with a family member
<u>Monday, 15th April</u> Teach someone something new	<u>Tuesday, 16th April</u> Play with someone you don't normally play with	<u>Wednesday, 17th April</u> Hold the door open for someone	<u>Thursday, 18th April</u> Compliment someone in school	<u>Friday, 19th April</u> Pick up 3 pieces of litter	<u>Saturday, 20th April</u> Give someone a hug	<u>Sunday, 21st April</u> Make a homemade gift for someone
<u>Monday, 22nd April</u> Write positive messages using chalk on the pavement	<u>Tuesday, 23rd April</u> Invite someone to join in with your game	<u>Wednesday, 24th April</u> Support someone who is worried or lonely	<u>Thursday, 25th April</u> Leave a happy note for someone	<u>Friday, 26th April</u> Recycle something	<u>Saturday, 27th April</u> Give your parents/carers 3 compliments	<u>Sunday, 28th April</u> Read to someone
<u>Monday, 29th April</u> Smile at someone	<u>Tuesday, 30th April</u> Make a family member breakfast					

