



# CPS Calendar of Kindness

## March 2026

<p><u>Sunday 1<sup>st</sup> March</u> Breathe in the fresh air and go for a walk 'St. David's Day'</p> 	<p><u>Tuesday 3<sup>rd</sup> March</u> Say please and thank you</p>	<p><u>Wednesday 4<sup>th</sup> March</u> Be kind to others</p>	<p><u>Thursday 5<sup>th</sup> March</u> WORLD BOOK DAY! Read to someone else</p> 	<p><u>Friday 6<sup>th</sup> March</u> Say good morning and good night to everyone in your household</p>	<p><u>Saturday 7<sup>th</sup> March</u> Say hello to someone in a different language</p>	<p><u>Sunday 8<sup>th</sup> March</u> Exercise with a family member</p>
<p><u>Monday 2<sup>nd</sup> March</u> Make someone smile</p>						
<p><u>Monday 9<sup>th</sup> March</u> Smile to everyone you see!</p>	<p><u>Tuesday 10<sup>th</sup> March</u> Play with someone you don't normally play with</p>	<p><u>Wednesday 11<sup>th</sup> March</u> Hold the door open for someone</p>	<p><u>Thursday 12<sup>th</sup> March</u> Compliment someone in school</p>	<p><u>Friday 13<sup>th</sup> March</u> Pick up 3 pieces of litter</p>	<p><u>Saturday 14<sup>th</sup> March</u> Give someone a hug</p>	<p><u>Sunday 15<sup>th</sup> March</u> "Mothering Sunday" Show how much you care for someone you love</p> 
<p><u>Monday 16<sup>th</sup> March</u> Write positive messages using chalk on the pavement</p>	<p><u>Tuesday 17<sup>th</sup> March</u> St Patrick's Day Invite someone to join in with your game</p>	<p><u>Wednesday 18<sup>th</sup> March</u> Support someone who is worried or lonely</p>	<p><u>Thursday 19<sup>th</sup> March</u> Ask someone how they are feeling and show you're really listening</p>	<p><u>Friday 20<sup>th</sup> March</u> 'Eid Ul Fitr' Make someone laugh!</p> 	<p><u>Saturday 21<sup>st</sup> March</u> Appreciate all you have</p>	<p><u>Sunday 22<sup>nd</sup> March</u> Call a family member you haven't spoken to in a while</p>
<p><u>Monday 23<sup>rd</sup> March</u> Help make dinner</p>	<p><u>Tuesday 24<sup>th</sup> March</u> Ask someone how their day has been</p>	<p><u>Wednesday 25<sup>th</sup> March</u> Leave a happy note for someone</p>	<p><u>Thursday 26<sup>th</sup> March</u> Lay the table for dinner without being asked</p>	<p><u>Friday 27<sup>th</sup> March</u> End of term Leave your classroom and corridor tidy to help your teacher.</p>	<p><u>Saturday 28<sup>th</sup> March</u> Ask if you can help someone you know</p>	<p><u>Sunday 29<sup>th</sup> March</u> Try something new</p>
<p><u>Monday 30<sup>th</sup> March</u> Water the plants</p>	<p><u>Tuesday 31<sup>st</sup> March</u> Make a family member breakfast</p>					





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