MAKE YOUR CHILDREN'S AFTERNOON MORE FUN!

# TRY RUGBYTOTS AFTER SCHOOL CLUB

Our after school clubs provide **girls and boys in Reception, Year 1 and Year 2** with a fun-yet-educational end to their day. The clubs follow our **award-winning programme**, and are delivered with energy, enthusiasm and excitement.

rugby tots

**rugbytots.co.uk**

**The world's favourite rugby play programme**

## Turn an extra hour at school into a **worthwhile and highly enjoyable time** with the help of **Rugbytots!**

Our after school clubs offer the chance to learn the basic skills involved with rugby – **skills that are transferable to other sports and activities**.

What's more, in addition to **developing children's agility and co-ordination**, Rugbytots helps to **enhance confidence and self-esteem**. The development of **better listening skills and teamwork** all play and important part too.

This is all achieved in an **engaging and dynamic way**, where children enjoy the likes of 'running through the jungle', 'wading through quicksand' and 'avoiding the smoking boulders'.

All of our lead coaches have been awarded with the Rugbytots Seal of Approval. This means they are **fully trained, RFU qualified,** and have **up-to-date first aid training** and **DBS checks**.

**Rugbytots' programme works** – but don't just take our word for it! Here's some of the feedback we've received from schools...

"A great opportunity for children to work with sports leaders and male role models, with the children learning lots of new skills – we loved it!" Black Horse Hill Primary

"Rugbytots has become a valuable part of our school life. It has enabled all of the children to acquire new skills and concepts with physical endurance." Jo Mansell, Governor

## For more details, just call or email:

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