



CPS Calendar of Kindness

April 2025

	<u>Tuesday 1st April</u> Listen, really listen and ask someone how their day has been	<u>Wednesday 2nd April</u> Lay the table for dinner without being asked	<u>Thursday 3rd April</u> Have a conversation with a relative	<u>Friday 4th April</u> Help someone who is unhappy	<u>Saturday 5th April</u> Make a card for someone	<u>Sunday 6th April</u> Tidy your room without being asked
<u>Monday 7th April</u> Make someone smile	<u>Tuesday 8th April</u> Try something new	<u>Wednesday 9th April</u> Appreciate	<u>Thursday 10th April</u> Work hard at everything today	<u>Friday 11th April</u> Say good morning and good night to everyone in your household	<u>Saturday 12th April</u> Say hello to someone in a different language	<u>Sunday 13th April</u> Exercise with a family member
<u>Monday 14th April</u> Teach someone something new	<u>Tuesday 15th April</u> Play with someone you don't normally play with	<u>Wednesday 16th April</u> Hold the door open for someone	<u>Thursday 17th April</u> Compliment someone in school	<u>Friday 18th April</u> Enjoy being with family and friends	<u>Saturday 19th April</u> Give someone a hug	<u>Sunday 20th April</u> Make an Easter card for someone
<u>Monday 21st April</u> Help get things ready for school tomorrow	<u>Tuesday 22nd April</u> Enjoy returning to school and being with your friends	<u>Wednesday 23rd April</u> Support someone who is worried or lonely	<u>Thursday 24th April</u> Leave a happy note for someone	<u>Friday 25th April</u> Recycle something	<u>Saturday 26th April</u> Give your parents/carers 3 compliments	<u>Sunday 27th April</u> Make a family member breakfast
<u>Monday 28th April</u> Take 5 minutes to quieten your mind and focus on your breath	<u>Tuesday 29th April</u> Use kind words all day	<u>Wednesday 30th April</u> Read to someone				

