




# CPS Calendar Of Kindness

## January 2026

			Thursday 1 <sup>st</sup> January  <b>Say 'Happy New Year' to as many people as you can</b>	Friday 2 <sup>nd</sup> January  <b>Tell your family members you appreciate them</b>	Saturday 3 <sup>rd</sup> January  <b>Care for a pet</b>	Sunday 4 <sup>th</sup> January  <b>Help around the home</b>
Monday 5 <sup>th</sup> January  <b>Get your school bag ready</b>	Tuesday 6 <sup>th</sup> January  <b>Ask someone how they are</b>	Wednesday 7 <sup>th</sup> January  <b>Use kind words</b>	Thursday 8 <sup>th</sup> January  <b>Encourage a friend to do the daily mile</b>	Friday 9 <sup>th</sup> January  <b>Listen carefully to someone when they're talking to you</b>	Saturday 10 <sup>th</sup> January  <b>Give someone a hug</b>	Sunday 11 <sup>th</sup> January  <b>Call someone you haven't spoken to for a while</b>
Monday 12 <sup>th</sup> January  <b>Say 'Good morning' to people you pass</b>	Tuesday 13 <sup>th</sup> January  <b>Read to someone</b>	Wednesday 14 <sup>th</sup> January  <b>Get dressed without being asked</b>	Thursday 15 <sup>th</sup> January  <b>Encourage someone</b>	Friday 16 <sup>th</sup> January  <b>Be kind to yourself</b>	Saturday 17 <sup>th</sup> January  <b>Make your bed</b>	Sunday 18 <sup>th</sup> January  <b>Lay the table</b>
Monday 19 <sup>th</sup> January  <b>Give a high five</b>	Tuesday 20 <sup>th</sup> January  <b>Help a friend</b>	Wednesday 21 <sup>st</sup> January  <b>Offer to help tidy in the classroom</b>	Thursday 22 <sup>nd</sup> January  <b>Tell a joke</b>	Friday 23 <sup>rd</sup> January  <b>Recycle</b>	Saturday 24 <sup>th</sup> January  <b>Help prepare a meal</b>	Sunday 25 <sup>th</sup> January  <b>Feed the birds</b>
Monday 26 <sup>th</sup> January  <b>List all you are grateful for</b>	Tuesday 27 <sup>th</sup> January  <b>Cheer someone up</b>	Wednesday 28 <sup>th</sup> January  <b>Draw someone a picture</b>	Thursday 29 <sup>th</sup> January  <b>Hold open a door for someone</b>	Friday 30 <sup>th</sup> January  <b>Compliment someone</b>	Saturday 31 <sup>st</sup> January  <b>Let a friend go first in a game</b>	