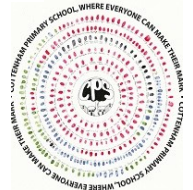


CPS Newsletter

20th December 2023



A message from Mr Kilsby

We place a huge emphasis on the importance of community at CPS. The children are taught that in order for everyone to live happy and fulfilled lives, all members of a community need to recognise that with rights, come responsibilities and that they should aspire to abide by the values and principles that ensure equity of opportunity for all.

At CPS, this manifests in many ways. A wonderful example is the *CPS Community Mentor Scheme*; whereby every Year 6 pupil is allocated an EYFS child that they will mentor across the year. You only have to be in the Hall at lunchtime to see the power of this initiative in action.

We also run the *CPS Community Outreach Project*, where each year group is assigned a third party organisation that they liaise with, in order to fashion and then undertake an agreed, time-defined project.

Recently, we were delighted to welcome Rosie from the C9 Teenage Cancer Trust Unit at Addenbrooke's to the school. We presented her with gifts that our children had purchased with funds they had raised as part of the Year 4 CPS Community Outreach Project last year. Rosie expressed how emotional she had felt when she had read about the initiative, and was also very keen to stress the positive impact that the gifts will have on the young people that her team support.

To all members of the fantastic CPS community, have a tremendous Christmas.



Tier 2 Vocabulary

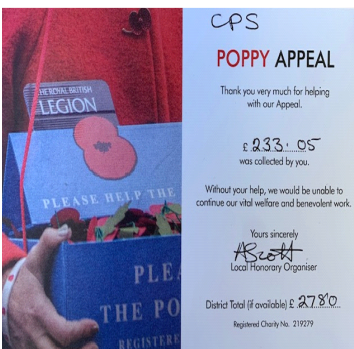
Please be aware that the following Tier 2 vocabulary is currently being shared and taught across the school:

EYFS	Nuzzled; Stalking; Furious
Year 1	Snuggle; Grimy; Careful
Year 2	Caution; Temptation; Scatter
Year 3	Nuisance; Necessity; Buoyant
Year 4/5	Remote; Contained; Impression; deed; Disguise; Rightful; Suspect
Year 6	Thunderous; Hesitant; Horrified

NB., For Tier 3 Vocabulary, please refer to your child's Knowledge Organisers

Coming up...

- 20th December, 2023:** End of Autumn Term (2pm)
- 4th & 5th January, 2024:** Professional Development Days (children not in school)
- 8th January, 2024:** Start of Spring Term (children return)
- 11th January, 2024:** New EYFS Parent Intake Tours (10:40)
- 16th January, 2024:** Parent Helper Induction session (09:00-10:00)
- 7th February, 2024:** House Day (details to follow)
- w/b 19th February, 2024:** Half-term
- 26th February, 2024:** National Child Measurement Programme
- 27th February, 2024:** 1/2 LW and 1/2 SR Oliver Cromwell's House in Ely
- 28th February, 2024:** 1/2 HS and 1/2 To visiting Oliver Cromwell's House in Ely
- 6th March 2024:** Y1/2/3 Maths Workshops for parents (after-school)
- 7th March 2024:** World Book Day (details to follow)
- 15 March, 2024:** Red Nose Day
- 20th March, 2024:** Year 6 SATs Information Evening (18:00)
- 28th March, 2024:** Break up for Easter (14:00)
- 15th April, 2024:** Start of summer term
- 6th May, 2024:** Bank Holiday
- 13th May, 2024:** KS2 SATs Week
- w/b 27th May, 2024:** Half-term
- 18th July, 2024:** End of term



For the latest information about what is happening in school, why not follow us on X (formerly Twitter) at @cpsprimary?

Assembly Music

Recent music in assemblies has included: "Long After Tonight is Over" by Jimmy Radcliffe; "Now and Then" by The Beatles; "White Winter Hymnal" by Fleet Foxes; and "Must be Santa" by Bob Dylan.

CPS Newsletter

December 20th, 2023



A small selection of the range of activities and events that have taken place over the past few weeks. A huge thank you to all of the staff for their hard work, and to the amazing band of volunteers; without whom we would struggle to provide such an extensive offer for our children.





Mr Moore, our Online Safety Lead, would like to draw your attention to the following information about how to spot the signs of your child becoming addicted to the internet and social media.

It can be challenging for parents and carers to know whether children are spending too much time on their devices. Furthermore, it's even more of a challenge to know whether a child is addicted to the internet and social media. As technology is becoming more pervasive, children and young people are experiencing tech-related dependencies. Do we as parents and carers have the knowledge to identify and support children and young people who may be developing an addiction to their devices?

47% of parents said they thought their children spent too much time in front of screens

What parents need to know about SCREEN ADDICTION

HEALTH & WELLBEING

Children as young as 13 are attending 'smartphone rehab' following growing concerns over screen time. There are now help centers in the UK which deal with screen addiction for children and adults showing the seriousness of device addiction. The World Health Organisation (WHO) has officially recognised gaming addiction as a modern disease. The condition was confirmed as part of their International Classification of Diseases (ICD) which serves as an international standard for diagnosing and treating health conditions.

LACK OF SLEEP

7 out of 10 children said they had missed out on sleep because of their online habits and 60% said they had neglected school work as a result. It is important that children get the sleep they need in order to focus the next day.

LOSS OF INTEREST IN OTHER THINGS

Your child may become less interested in anything that does not include their device. You may notice that your child is missing school time and generally being less engaged with other activities in the home. It is important to discuss this with your child as soon as you notice a behaviour change.

CONFIDENCE, SUPPORT & ADVICE

The Children's Commissioner report 'Life in Likes', explored how children aged 8-11 are using social media today. It showed that children are using their devices to speak to their online friends about their problems and seek acceptance and support, removing face to face interactions.

APPS CAN BE ADDICTIVE

Apps have been designed with 'psychological tricks' to constantly keep grabbing your attention. One example of this is on the app Snapchat, where you can gain 'streaks' when interacting with your friends. If you don't respond, you lose the streak. This addictive nature of apps aims to engage children and keep them coming back for more.