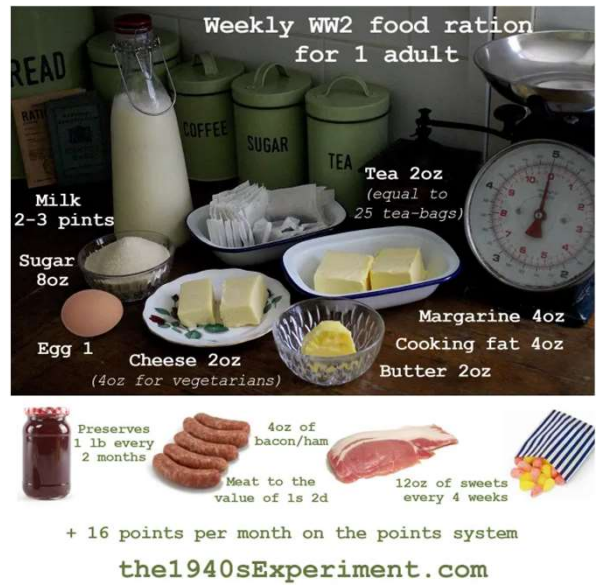




Year 5/6 DT – Food Technology: Cooking in World War Two



Design brief:
To design and make a healthy meal that could be prepared during World War Two.



Bridge hold



Claw hold

Tier 3 vocabulary

Food rationing	The practice of having a fixed allowance of food.
Seasonality	The fact that something changes according to the seasons.
Nutrition	The substances that you take into your body and the way that they influence your health.
Healthy	Healthy food is food that provides you with all the nutrients you need to stay healthy, feel well and have plenty of energy.

Year 4/5 – Making bread

KS3 – Cooking and being able to apply the principles of nutrition and healthy eating