



CPS Calendar of Kindness

<u>May 2026</u>				Friday 1 st May	Saturday 2 nd May	Sunday 3 rd May
Monday 4th May <i>Bank Holiday</i> Go for a walk and enjoy the fresh air	Tuesday 5th May Turn a frown up upside down	Wednesday 6th May Teach someone something new you've learnt	Thursday 7th May Ask someone to join your game	Friday 8th May Tidy up the equipment in your classroom	Saturday 9th May Give a family member a hug	Sunday 10th May Call someone to see how they are
Monday 11th May Be a great friend	Tuesday 12th May Let someone else choose	Wednesday 13th May Sing a song to someone	Thursday 14th May Ask someone if they're ok	Friday 15th May Be a good listener	Saturday 16th May Tidy your bedroom without being asked	Sunday 17th May Be kind to your siblings
Monday 18th May Draw someone a picture	Tuesday 19th May Smile!	Wednesday 20th May Return some lost property to someone	Thursday 21st May Tell someone a joke to cheer them up	Friday 22nd May Tell your family how much you love them	Saturday 23rd May Share a favourite TV programme with your family	Sunday 24th May Make a family <i>Calendar of Kindness</i>
Monday 25th May <i>Bank Holiday</i> Read a book to someone	Tuesday 26th May Appreciate nature	Wednesday 27th May Help cook a meal	Thursday 28th May Show what a great Manners Monster you are!	Friday 29th May Clear up a mess without being asked	Saturday 30th May Compliment someone	Sunday 31st May Send a nice message to someone you know

