

WEEK 1 MENU

WEEKS: 03/11, 24/11, 15/12, 19/01, 09/02, 09/03



HOT MARKET

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Paprika Marinated Chicken served with Savoury Vegetable Rice	Pork Sausage in a Crusty Bun served with Jacket Wedges, Crispy Salad Sticks & a Selection of Sauces	Beef Lasagne with Garlic Bread Peas & Sweetcorn	Roast Chicken served with Potatoes, Yorkshire Pudding, Carrots, Cauliflower and Gravy	Fish Fingers or Salmon Fish Fingers served with Chips, Garden Peas or Baked Beans & Ketchup
MEAT FREE	Cheese & Tomato Swirl served with Savoury Vegetable Rice	Quorn Sausage in a Crusty Bun served with Jacket Wedges, Crispy Salad Sticks & a Selection of Sauces	Vegetable Lasagne with Garlic Bread Peas & Sweetcorn	Cheese & Potato Pie served with Yorkshire Pudding, Carrots, Cauliflower and Gravy	Vegetable Nuggets served with Chips, Garden Peas or Baked Beans & Ketchup
PASTA & JACKETS	Jacket Potato with Choice of Toppings served with Fresh Salad	Pasta Twists with Homemade Tomato and Vegetable Sauce served with Fresh Salad and Chunky Bread	Jacket Potato with Choice of Toppings served with Fresh Salad	Pasta Twists with Homemade Tomato and Vegetable Sauce served with Fresh Salad and Chunky Bread	Jacket Potato with Choice of Toppings served with Fresh Salad
LUNCHTIME LUNCHBOX	Choice of Ham, Cheese or Tuna Mayo Sandwich Cheese Straws Duo of Salad Sticks	Choice of Ham, Cheese or Tuna Mayo Bap Tortilla Chips Duo of Salad Sticks	Choice of Ham, Cheese or Tuna Mayo Baguette Cream Crackers Duo of Salad Sticks	Choice of Ham, Cheese or Tuna Mayo Sandwich Cheese Straws Duo of Salad Sticks	Choice of Ham or Cheese Sandwich Tortilla Chips Duo of Salad Sticks

DESSERTS

Choose One of Our Fabulous Desserts Caramel Mousse Fruity Jelly Fresh Fruit Pot Choose One of Our Fabulous Desserts Jam & Coconut Sponge Fruit Yoghurt & Coulis Fresh Fruit Pot Choose One of Our Fabulous Desserts Apple & Winter Berry Crumble Fruity Jelly Fresh Fruit Pot Choose One of Our Fabulous Desserts Chocolate Sponge Fruit Yoghurt & Coulis Fresh Fruit Pot Choose One of Our Fabulous Desserts Fruit Flapjack Fruity Jelly Fresh Fruit Pot



WEEK 2 MENU

WEEKS: 10/11, 01/12, 05/01, 26/01, 23/02, 16/03



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Parmigiano Chicken Melt served with Baked Wedges, Peas & Sweetcorn	All Day Breakfast Bacon, Sausage, Hash Brown and Beans	Baked Sausage Roll served with New Potatoes & Spaghetti Hoops	Roast Gammon served with Roast Potatoes, Carrots, Broccoli, Yorkshire Pudding and Gravy	Breaded Fish Fingers served with Chips, Garden Peas or Baked Beans & Ketchup
MEAT FREE	Traditional Macaroni Cheese served with Wholemeal Garlic & Herb bread, Seasonal Vegetables	All Day Breakfast Veggie Sausage, Hash Brown and Beans	Baked Vegan Roll served with New Potatoes & Spaghetti Hoops	Quorn Fillet served with Roast Potatoes, Carrots, Broccoli, Yorkshire Pudding and Gravy	Fishless Fish Fingers served with Chips, Garden Peas or Baked Beans & Ketchup
PASTA & JACKETS	Jacket Potato with Choice of Toppings served with Fresh Salad	Pasta Twists with Homemade Tomato and Vegetable Sauce served with Fresh Salad and Chunky Bread	Jacket Potato with Choice of Toppings served with Fresh Salad	Pasta Twists with Homemade Tomato and Vegetable Sauce served with Fresh Salad and Chunky Bread	Jacket Potato with Choice of Toppings served with Fresh Salad
LUNCHTIME LUNCHBOX	Choice of Ham, Cheese or Tuna Mayo Sandwich Cheese Straws Duo of Salad Sticks	Choice of Ham, Cheese or Tuna Mayo Bap Tortilla Chips Duo of Salad Sticks	Choice of Ham, Cheese or Tuna Mayo Baguette Cream Crackers Duo of Salad Sticks	Choice of Ham, Cheese or Tuna Mayo Sandwich Cheese Straws Duo of Salad Sticks	Choice of Ham or Cheese Sandwich Tortilla Chips Duo of Salad Sticks
DESSERTS	Choose One of Our Fabulous Desserts Banana Mousse Fruity Jelly Fresh Fruit Pot	Choose One of Our Fabulous Desserts Apple Sponge Fruit Yoghurt & Coulis Fresh Fruit Pot	Choose One of Our Fabulous Desserts Sticky Pineapple Cake Fruity Jelly Fresh Fruit Pot	Choose One of Our Fabulous Desserts Lemon Tart Fruit Yoghurt & Coulis Fresh Fruit Pot	Choose One of Our Fabulous Desserts Chocolate Brownie Fruity Jelly Fresh Fruit Pot

Making lunchtime the highlight of your day



Fresh Fruit Pot

WEEKS: 17/11, 08/12



5 MENU	
, 12/01, 02/02, 02/03, 23/03	
RKET	

Fresh Fruit Pot

Fresh Fruit Pot

· SANDWICH · **MONDAY TUESDAY** WEDNESDAY **THURSDAY FRIDAY** Meat Wholemeal Breaded Fish Fillet Warm Chicken Baguette Beef Bolognese Sausage Roast MAIN MEAL Pizza served with served with served with Spaghetti, served with served with Chips, Selection of Sauces Wholemeal Garlic & Garden Peas or Baked Baby Potatoes, Potatoes, Carrots, Peas & Sweetcorn Potatoes Wedges & Herb bread, Seasonal Cabbage, Yorkshire Baked Beans Crunchy Veg Sticks Vegetables **Pudding and Gravy** & Ketchup Margherita Crispy Vegetable Plant Based Bolognese Quorn Sausage Cheese, Onion & served with Spaghetti, Wholemeal Pizza Roast served with Mixed Pepper Roll Bite Baguette MEAT FREE served with served with Wholemeal Garlic & Potatoes, Carrots, served with Chips, Selection of Sauces Herb bread, Seasonal Garden Peas or Baked Baby Potatoes. Cabbage, Yorkshire Potatoes Wedges & Peas & Sweetcorn Vegetables Pudding and Baked Beans & Ketchup **Crunchy Veg Sticks** Gravy **Jacket Potato with** Pasta Twists with **Jacket Potato with** Pasta Twists with **Jacket Potato with** Choice of Toppings Choice of Toppings PASTA & JACKETS Vegetable Sauce served Vegetable Sauce with served with served with served with with Fresh Salad and Choice of Ham, Cheese Choice of Ham, Cheese Choice of Ham or Cheese Choice of Ham, Cheese Choice of Ham, Cheese or Tuna Mayo Sandwich or Tuna Mayo Bap or Tuna Mayo Baguette or Tuna Mayo Sandwich Sandwich LUNCHTIME LUNCHBOX Cheese Straws Tortilla Chips **Cream Crackers** Cheese Straws **Tortilla Chips Duo of Salad Sticks Duo of Salad Sticks Duo of Salad Sticks** Duo of Salad Sticks **Duo of Salad Sticks** Choose One of Our **Fabulous Desserts** Fabulous Desserts Fabulous Desserts **Fabulous Desserts Fabulous Desserts** Iced Cake Chocolate Mousse with Carrot Cake Lemon Drizzle Syrup Sponge **DESSERTS** Fruity Jelly Fruit Yoghurt & Coulis Orange Wedge Fruit Yoghurt & Coulis Fruity Jelly

Fruity Jelly Fresh Fruit Pot

Fresh Fruit Pot