

Get ready to be a  
**ROMAN**

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*With Those History People*

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Very soon **Those History People** will visit your school for a **Roman day**. On this day we will recreate the fort of the Roman 9<sup>th</sup> legion (IX LEGIO HISPANA). Once you enter the fort you will meet the *Præfectus Castrorum* (who looks after the fort) and could learn to make ink and write a letter to apply to join the legion; learn to make mosaics to decorate the headquarters, visit the bathhouse and make scented oils and many more jobs. All the while we must keep the fort safe from Boudica and her rebels.

So that you really feel like an Roman there are two things you need to do: **pick a name** and get an **roman costume**

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Once you have done these two things you are ready to travel back in time to the year 60 AD and meet the *Præfectus Castrorum* and work in the fort of the ninth legion. **Its very important you don't turn up expecting to be the emperor or any other famous Roman.** We will be the workers keeping the fort going.

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## CHOOSE A NAME

**Pick a Name:** On your Roman day you will need a Roman name. The rules for Roman names are complicated, so for now just pick a *praenomen* (first name). Choose one from the lists below.

**Boys names:** If you're a boy choose a name from this list

*Aelius, Agrippa, Amulius, Antonius, Appius, Aulus, Aurelius, Camillus, Cnaeus, Decimus, Drusus, Faustus, Flavius, Gallus, Herius, Hostus, Julius, Kaeso, Lar, Lucius, Mamercus, Manius, Marcus, Numerius, Paullus, Pompeius, Postumus, Proculus, Publicus, Quintus, Rufus, Secundus, Servius, Spurius, Tertius, Tiberius, Titus, Ulpus, Valerius, Vibius, Vopiscus*

**Girls Names:** if you're a girl choose from this list

*Aelia, Agrippina, Amulia, Antonia, Appia, Aula, Aurelia, Caia, Camilla, Claudia, Cnaea, Decima, Drusilla, Flavia, Galla, Gala, Heria, Hostus/Hosta, Julia, Kaesonia, Lara, Lucia, Mamerca, Marcia, Numeria, Opitra, Oppia, Paulla, Pompeia, Postuma, Procula, Publia, Quinta, Rufa, Secunda, Servia, Spuria, Tertia, Tiberia, Ulpia, Valeria, Vibia, Vopisca*

## NOTE TO PARENTS

The description of a Roman costume is very basic. You can purchase a costume online, but these vary in price and accuracy. In addition some cheap nylon costumes are a safety hazard. With a little bit of ingenuity however it is easy to put together an accurate costume on a budget.

### BOYS

**Tunic:** Use a red or white adult short sleeved T-shirt with a belt to make a tunic. Civilians wore tunics of any colour, soldiers wore two, a white tunic under a red one. However a red one on its own will service.

**Breeches:** Roman soldiers wore shorts, called breeches, and civilians probably did as well.

**Belt:** Simple leather belt or a length of cord. Soldiers wore a special belt called a *cingulum militare*, which is a Roman belt with five leather strips hanging from it.

**Caligae:** Simple plain saddles (or PE pumps)

**Cloak:** Use a large rectangular piece of fabric pinned at the shoulder

### GIRLS

**Kirtle:** a simple plain ankle length dress will do.

**Over Kirtle:** two lengths of fabric fastened with pins at the shoulder

**Belt:** simple leather belt or a length of cord.

**Shoes:** Simple plain shoes

**Cloak:** Use a large rectangular piece of fabric pinned at the shoulder

## WEAPONS AND ARMOUR

Please DO NOT include weapons, shields or armour as part of your children's costume. Any weapons, shields etc will be left in the classroom and not be part of the day.

Now you have a Roman name you will need a costume.

### GIRLS

As a girl you will need to have simple costume which looks like this:

**Kirtle:** this is long length dress which covers the ankles.

**Over Kirtle:** this is a long overdress fastened with broaches at the shoulder.

**Belt:** the belt goes over the top of the kirtles around the waist.

**Shoes:** leather sandals, but any sensible foot ware will do.

**Cloak:** to keep you warm.



### BOYS

As a boy you will need to wear something like this:

**Tunic:** a long sleeved, knee length top.

**Breeches:** baggy knee length trousers

**Belt:** the belt goes over the top of the tunic.

**Shoes:** leather sandals, but any sensible foot ware will do.

**Cloak:** to keep you warm.