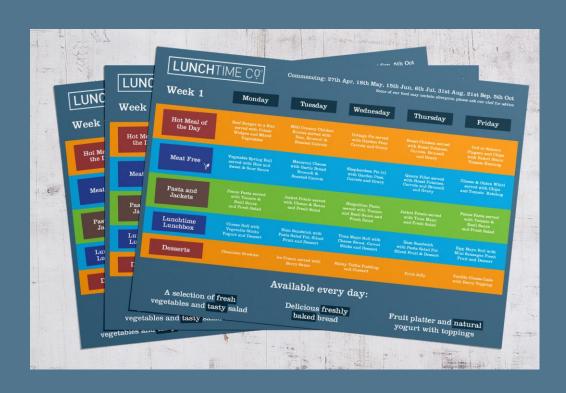
#### Menu October 2024

LUNCHTIME CO®





#### **WEEK 3 MENU**

HOT MARKET

WEEKS: 18/11, 09/12, 13/01, 03/02, 03/03, 24/03







#### · SANDWICH · MONDAY TUESDAY WEDNESDAY **THURSDAY FRIDAY** Margherita Wholemeal Hot Roast Chicken & Beef Chilli Pork Sausage served Fish Fingers Served Pizza Served with Baked Served with Wholemeal Stuffing Baguette with Potatoes, with Chips, Garden MAIN MEAL Potato Wedges, Peas & Rice, Mixed Vegetables Served With Crispy Yorkshire Pudding, Peas or Baked Beans Sweetcorn or Salad Potatoes & Mixed Carrots, Broccoli & Vegetables Gravy Rainbow Wholemeal Mediterranean Vegetable & Bean Chilli Quorn Sausages served Fishless Fish Fingers Pizza Served with Vegetable & Cheese Served with Wholemeal with Potatoes. served with Chips, MEAT FREE Rice, Mixed Vegetables Panini Served With Yorkshire Pudding. Garden Peas or Baked Baked Potato Wedges, or Salad Crispy Potatoes & Carrots, Broccoli & Beans Peas & Sweetcorn Mixed Vegetables Gravy Jacket Potato with Pasta Twists with Jacket Potato with Pasta Twists with Jacket Potato with Homemade Tomato and Choice of Cheese, Tuna Choice of Cheese, Tuna Homemade Tomato and Choice of Cheese, Tuna PASTA & JACKETS & Beans, served with Vegetable Sauce served & Beans, served with Vegetable Sauce served & Beans, served with Fresh Salad Fresh Salad with Fresh Salad and with Fresh Salad and Fresh Salad Chunky Bread Chunky Bread Choice of Ham, Cheese Choice of Ham. Cheese Choice of Ham. Cheese Choice of Ham, Cheese Choice of Ham. Cheese or Tuna Mayo or Tuna Mayo Baguette or Tuna Mayo Bap or Tuna Mayo or Tuna Mayo Sandwich Sandwich Sandwich Tortilla Chips Cream Crackers Cheese Straws **Duo of Salad Sticks Duo of Salad Sticks** Cheese Straws Tortilla Chips

**DESSERTS** 

Choose One Dessert Fabulous Desserts Chocolate Shortbread with Orange Wedge Fruity Jelly Fresh Fruit Pot

Duo of Salad Sticks

Choose One of Our Fabulous Desserts Lemon Drizzle Cake Fruit Yogurt & Coulis Fresh Fruit Pot Choose One of Our Fabulous Desserts Sultana Sponge Fruity Jelly Fresh Fruit Pot Choose One of Our Fabulous Desserts Vanilla Ice-Cream & Fruit Sauce Fruit Yogurt & Coulis Fresh Fruit Pot

Duo of Salad Sticks

Choose One of Our Fabulous Desserts Iced School Cake Fruity Jelly Fresh Fruit Pot

Duo of Salad Sticks

Making lunchtime the highlight of your day

Margherita Wholemeal Pizza, Baked Potato Wedges, Peas & Sweetcorn





Rainbow Wholemeal Pizza, Baked Potato Wedges, Peas & Sweetcorn





Jacket Potato with a Choice of Topping, Beans, Cheese or Tuna with Mixed Salad





Cheese, Ham or Tuna Mayo Sandwich Lunchtime Lunchbox





Choice Chocolate shortbread and Orange Wedge

Fruit Pots or Jelly



Hot Roast Chicken & Stuffing Baguette, Crispy Potatoes & Mixed vegetables





Mediterranean Vegetable & Cheese Panini, Crispy Potatoes & Mixed vegetables





Pasta Twists with Homemade Tomato and Vegetable Sauce, fresh Salad and Chunky Bread





Cheese, Ham or Tuna Mayo Baguette Lunchtime Lunchbox





Choose from
Lemon Drizzle
Cake,

Yogurt Pot or Fruit Pot







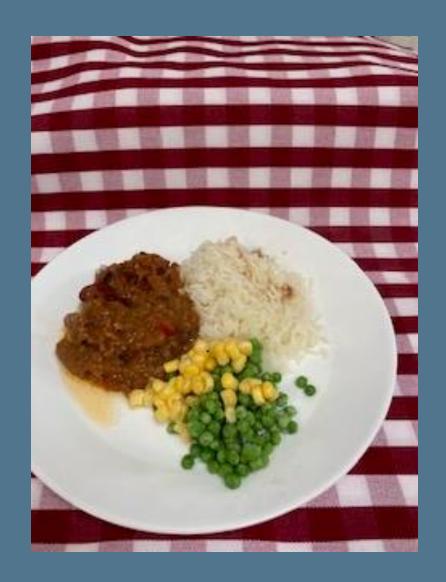
Beef Chilli Con Carne, Served with Rice & Mixed Vegetables





Vegetable & Bean Chilli Served with Rice & Mixed Vegetables





Jacket Potato with a Choice of Topping, Beans, Cheese or Tuna with Mixed Salad



Ham, Cheese or Tuna Mayo Bap Lunchtime Lunchbox





Choose from
Sultana Sponge,
Jelly Pot or
Fruit Pot





Pork Sausage Served with Potatoes, Yorkshire Pudding, Carrots, Broccoli & Gravy



Quorn Sausage Served with Potatoes, Yorkshire Pudding, Carrots, Broccoli & Gravy





Pasta Twists with Homemade Tomato and Vegetable Sauce, fresh Salad and Chunky Bread





Cheese, Ham or Tuna Mayo Sandwich Lunchtime Lunchbox





Choose from
Vanilla Ice-cream
with Fruit Sauce,
Yogurt Pot or
Fruit Pot



Fish Finger
Served with Chips
Beans and Peas





Vegetable Nuggets Served with Chips and Peas or Baked Beans





Jacket Potato with a Choice of Topping, Beans, Cheese or Tuna with Mixed Salad



Cheese, Ham or Tuna Mayo Sandwich Lunchtime Lunchbox





Choose from

Iced School
Cake, Jelly
Pot or Fruit
Pot



