

# RUGBY



HELP YOUR PUPILS TRY SOMETHING NEW!



## RUGBYKIDS ALLOWS CHILDREN THE CHANCE TO TRY RUGBY IN A FUN, FOCUSED AND FRIENDLY WAY.

While rugby is taught at many secondary schools, girls and boys of junior-school age often miss out.

What's more, children from some backgrounds can feel rugby is a sport only other kids get to enjoy.

### **RugbyKids is here to change all that!**

We bring the physical, mental and social benefits of non-contact rugby-based training to **children aged 7 to 11** in schools all across the UK.

We do this through our incredibly popular **After-School Clubs** and our KS2-focused **Curriculum Lessons**.

These inclusive classes have been designed for girls and boys, tall and short, fast and slow, sport-loving and sport-shy.

And pupils don't need any previous experience or knowledge of rugby, **just an appetite for fun and a desire to try something new!**

## AFTER-SCHOOL CLUBS

### FUN, STRUCTURED AFTER-SCHOOL SESSIONS THAT TAKE CHILDREN ON A JOURNEY OF SPORTING IMAGINATION.

These non-contact sessions gently introduce children to the basics of rugby. They are run with energy, enthusiasm and excitement by our friendly, experienced **RugbyKids coaches**.

Our coaches help to boost each child's sense of sportsmanship, confidence and self-esteem, as well as their ability to catch, pass, kick, run with the ball and play as part of a team.

In other words, we tackle a lot... but without doing any actual tackling!



It's great having RugbyKids run one of our after-school clubs at the school. The children love the sessions and enjoy being outside. They look forward to it every week.

**Andrew Davies**, Head of Sport





# CURRICULUM LESSONS

## NON-CONTACT RUGBY-INSPIRED CLASSES THAT TAKE PLACE DURING THE SCHOOL DAY.

Just like our After-School Clubs, our **Curriculum Lessons** suit all abilities and are hugely enjoyable.

We set up a range of activities that enable children to learn and hone new skills. Each lesson often culminates in a game of tag-rugby.

Most importantly, our lessons are designed to work hand-in-hand with the KS2 curriculum to ensure children get the most from their PE lessons.

This dedicated focus also enables your school to use the **PE and sport premium** to pay for classes.



My son and daughter both love RugbyKids. Without it, they would not be learning basic rugby skills until secondary school. So it's a great head start.

Caroline Gardner, Parent

# GOOD TO KNOW...

**RugbyKids** is brought to you by the team that created and run **Rugbytots**, the world's favourite rugby play programme for 2-to-7-year-olds. They've been running classes since 2006, and over **85,000 children in 20 countries** now take part each week!

All of our coaches and coaching assistants are **Enhanced DBS checked**, and undergo our comprehensive training programme.

We can make a **RugbyKids** class work in pretty much any space where the children can safely run around. That could be in the gym or school hall, out on the school field or playground.

We bring all of the balls, cones, kicking tees, goal posts and other equipment used during the class - **your school doesn't need to provide anything!**

As well as teaching your school's children **we can teach members of staff**, enabling your school to deliver some of the benefits of RugbyKids even when our coaches aren't present.



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