

# Education Inclusion Family Advisor County Wide Online Workshops

The Education Inclusion Family Advisor team offers a range of countywide online workshops. We welcome any parent/carer with a child/ren in primary schools.

## Supporting your child with transition from primary to secondary school

The transition to secondary school workshop covers the following areas:

- Feelings before starting secondary school.
- Emotional resilience and transition anxiety tips for your child.
- Friendships.
- The new school – what to expect.
- Being organised, time management, travelling to school and ideas how to support your child
- Importance of sleep, effects of screen time.
- Signposting to further support.

Please use the link below or scan the QR code to book your place.

<https://forms.office.com/e/iaWgepvBEa>

