



### HOT MARKET

#### SANDWICH

### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

### MAIN MEAL

Crispy Chicken Bites served with Sliced Sauté Potatoes, Peas & Sweetcorn

Cheese & Ham French Bread Pizza served with Jacket Potato Wedges, Crunchy Carrot & Cucumber Sticks

Homemade Beef Lasagne served with Wholemeal Garlic & Herb Bread, Mixed Vegetables or Salad

Roast Pork served with Roast Potatoes, Carrots, Broccoli, Yorkshire Pudding and Gravy

Fish Fingers or Salmon Fish Fingers served with Chips, Garden Peas or Baked Beans & Ketchup

### MEAT FREE

Crispy Vegetable Bites served with Sliced Sauté Potatoes, Peas & Sweetcorn

Cheese & Tomato French Bread Pizza served with Jacket Potato Wedges, Crunchy Carrot & Cucumber Sticks

Roasted Vegetable & Lentil Lasagne served with Wholemeal Garlic & Herb Bread, Mixed Vegetables or Salad

Creamy Leek Wellington served with Roast Potatoes, Carrots, Cabbage, Yorkshire Pudding and Gravy

Vegan Quorn Sausage served with Chips, Garden Peas or Baked Beans & Ketchup

### PASTA & JACKETS

Jacket Potato with Choice of Toppings served with Fresh Salad

Pasta Twists with Homemade Tomato and Vegetable Sauce served with Fresh Salad and Chunky Bread

Jacket Potato with Choice of Toppings served with Fresh Salad

Pasta Twists with Homemade Tomato and Vegetable Sauce served with Fresh Salad and Chunky Bread

Jacket Potato with Choice of Toppings served with Fresh Salad

### LUNCHTIME LUNCHBOX

Choice of Ham, Cheese or Tuna Mayo Sandwich  
Cheese Straws  
Duo of Salad Sticks

Choice of Ham, Cheese or Tuna Mayo Bap  
Tortilla Chips  
Duo of Salad Sticks

Choice of Ham, Cheese or Tuna Mayo Baguette  
Cream Crackers  
Duo of Salad Sticks

Choice of Ham, Cheese or Tuna Mayo Sandwich  
Cheese Straws  
Duo of Salad Sticks

Choice of Ham or Cheese Sandwich  
Tortilla Chips  
Duo of Salad Sticks

### DESSERTS

Choose One of Our Fabulous Desserts  
Chocolate Crispy Cake  
Fruity Jelly  
Fresh Fruit Pot

Choose One of Our Fabulous Desserts  
Apple & Summer Berry Crumble  
Fruit Yogurt & Coulis  
Fresh Fruit Pot

Choose One of Our Fabulous Desserts  
Peach & Vanilla Sponge  
Fruity Jelly  
Fresh Fruit Pot

Choose One of Our Fabulous Desserts  
Ice Lolly  
Fruit Yogurt & Coulis  
Fresh Fruit Pot

Choose One of Our Fabulous Desserts  
Chocolate Brownie  
Fruity Jelly  
Fresh Fruit Pot

Making lunchtime the **highlight** of your day



HOT MARKET  
SANDWICH

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### FRIDAY

#### MAIN MEAL

Traditional Macaroni  
Cheese served with  
Garlic & Herb Bread and  
Seasonal Vegetables

Pork Sausage in a  
Crispy Baguette served  
with Crispy Potatoes  
& Vegetable Sticks

Meat Feast  
Wholemeal Pizza  
served with  
Baked Potato Wedges,  
Peas & Sweetcorn

Roast Chicken  
served with Potatoes,  
Yorkshire Pudding,  
Carrots, Broccoli  
and Gravy

Breaded Fish Fingers  
Served with Chips,  
Garden Peas or  
Baked Beans  
& Ketchup

#### MEAT FREE

Mediterranean  
Vegetable Pasta Bake  
served with Garlic &  
Herb Bread and  
Seasonal Vegetables

Quorn Sausage in a  
Crispy Baguette Served  
With Crispy Potatoes  
& Vegetable Sticks

Margherita Wholemeal  
Pizza served with  
Baked Potato Wedges,  
Peas & Sweetcorn

Roast Vegetable &  
Beans Pie served with  
Potatoes Carrots  
and Broccoli

Cheese, Onion &  
Mixed Pepper Roll  
served with Chips,  
Garden Peas or  
Baked Beans & Ketchup

#### PASTA & JACKETS

Jacket Potato with  
Choice of Toppings  
served with  
Fresh Salad

Pasta Twists with  
Homemade Tomato and  
Vegetable Sauce served  
with Fresh Salad and  
Chunky Bread

Jacket Potato with  
Choice of Toppings  
served with  
Fresh Salad

Pasta Twists with  
Homemade Tomato and  
Vegetable Sauce served  
with Fresh Salad and  
Chunky Bread

Jacket Potato with  
Choice of Toppings  
served with  
Fresh Salad

#### LUNCHTIME LUNCHBOX

Choice of Ham, Cheese  
or Tuna Mayo  
Sandwich  
Cheese Straws  
Duo of Salad Sticks

Choice of Ham, Cheese  
or Tuna Mayo  
Bap  
Tortilla Chips  
Duo of Salad Sticks

Choice of Ham, Cheese  
or Tuna Mayo  
Baguette  
Cream Crackers  
Duo of Salad Sticks

Choice of Ham, Cheese  
or Tuna Mayo  
Sandwich  
Cheese Straws  
Duo of Salad Sticks

Choice of Ham or  
Cheese Sandwich  
Tortilla Chips  
Duo of Salad Sticks

#### DESSERTS

Choose One of Our  
Fabulous Desserts  
Chocolate Sponge  
Fruity Jelly  
Fresh Fruit Pot

Choose One of Our  
Fabulous Desserts  
Mixed Berry Muffin  
Fruit Yogurt & Coulis  
Fresh Fruit Pot

Choose One of Our  
Fabulous Desserts  
Fruit Flapjack  
Fruity Jelly  
Fresh Fruit Pot

Choose One of Our  
Fabulous Desserts  
Jam & Coconut Sponge  
Fruit Yogurt & Coulis  
Fresh Fruit Pot

Choose One of Our  
Fabulous Desserts  
Jaffa Style Sponge  
Fruity Jelly  
Fresh Fruit Pot

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### FRIDAY

#### MAIN MEAL

Baked Sausage Roll served with Crispy Cubed Potatoes & Baked Beans or Fresh Salad

BBQ Pulled Chicken Wrap served with Savory Wholegrain Vegetable Rice & Salad

Beef Bolognese Pasta served with Garlic & Herb Bread and Mixed Vegetables

Pork Sausage served with Roast Potatoes, Carrots, Broccoli, Yorkshire Pudding and Gravy

Breaded Fish Fillet served with Chips, Garden Peas or Baked Beans & Ketchup

#### MEAT FREE

Vegan Sausage Roll served with Crispy Cubed Potatoes & Baked Beans or Fresh Salad

Veggie Mince Chili Wrap served with Savory Wholegrain Vegetable Rice & Salad

Vegetable & Lentil Bolognese Pasta with Garlic & Herb Bread and Seasonal Vegetables

Quorn Sausage served with Roast Potatoes, Carrots, Cabbage, Yorkshire Pudding and Gravy

Vegetable Nuggets served with Chips, Garden Peas or Baked Beans & Ketchup

#### PASTA & JACKETS

Jacket Potato with Choice of Toppings served with Fresh Salad

Pasta Twists with Homemade Tomato and Vegetable Sauce served with Fresh Salad and Chunky Bread

Jacket Potato with Choice of Toppings served with Fresh Salad

Pasta Twists with Homemade Tomato and Vegetable Sauce served with Fresh Salad and Chunky Bread

Jacket Potato with Choice of Toppings served with Fresh Salad

#### LUNCHTIME LUNCHBOX

Choice of Ham, Cheese or Tuna Mayo Sandwich  
Cheese Straws  
Duo of Salad Sticks

Choice of Ham, Cheese or Tuna Mayo Bap  
Tortilla Chips  
Duo of Salad Sticks

Choice of Ham, Cheese or Tuna Mayo Baguette  
Cream Crackers  
Duo of Salad Sticks

Choice of Ham, Cheese or Tuna Mayo Sandwich  
Cheese Straws  
Duo of Salad Sticks

Choice of Ham or Cheese Sandwich  
Tortilla Chips  
Duo of Salad Sticks

#### DESSERTS

Choose One of Our Fabulous Desserts  
Sprinkle Cookie & Orange Wedge  
Fruity Jelly  
Fresh Fruit Pot

Choose One of Our Fabulous Desserts  
Sticky Toffee Apple Cake  
Fruit Yogurt & Coulis  
Fresh Fruit Pot

Choose One of Our Fabulous Desserts  
Cornflake Tart  
Fruity Jelly  
Fresh Fruit Pot

Choose One of Our Fabulous Desserts  
Vanilla Ice-Cream & Fruit Sauce  
Fruit Yogurt & Coulis  
Fresh Fruit Pot

Choose One of Our Fabulous Desserts  
Lemon Drizzle Cake  
Fruity Jelly  
Fresh Fruit Pot

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