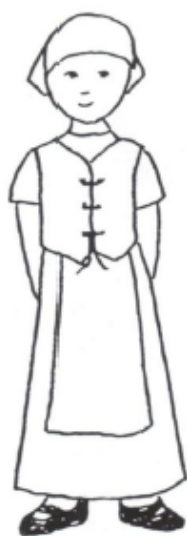


## Get ready to be a Tudor with History Off the Page!

Very soon History Off the Page will visit your school for a Life in Tudor England Day. To help you feel like a Tudor from the time period, we recommend you put together a simple costume. Looking like a Tudor will help you feel like a Tudor. Costumes do not have to be fancy – you can do a lot with clothes you already have! Here are some ideas:



### Girls' Costume

**Smock:** This can be a plain shirt with a large collar.

**Kirtle:** Use a long, preferably plain, skirt.

**Bodice:** A man's plain waistcoat will do if you have one. Or you could wear a long, plain dress with a belt or cord tie.

**Apron:** Preferably plain white. You could attach a rectangle of white material to a tie (without gathers or pockets.) The tie could be a belt or cord tie, or a plaited wool tie.

**Shoes:** Any flat, sturdy shoes will work.

**Coif:** This is a cover for your head. A triangle of white material tied around the head to hide the hair. The long ends are tied over the hanging point, which is then tucked over the knot

### Boys' Costume

**Smock:** This can be a large plain shirt with a large collar and a belt or cord around the waist.

**Doublet:** You could add a plain waistcoat, if you have one, as a doublet.

**Hose:** Tuck plain, dark, baggy trousers (such as track-suit bottoms) into long socks.

**Shoes:** Any flat, sturdy shoes will work.

*Please do not come dressed as a specific person.*

